

## Materials List

### “Gingerly Adjust to a New Normal” DIY Ginger Ale

- 1 inch ginger root
- 2 tablespoons lemon juice
- $\frac{3}{4}$  cup sugar
- $\frac{1}{8}$  teaspoon active dry yeast
- water
- 2-liter container (preferably glass)

### Extract me from this pandemic! DIY Vanilla & Almond Extract

- 6 vanilla beans
- 12 almonds (with or without skins – skins make the extract a little bitter, so your choice!)
- 16 ounces alcohol (we recommend vodka, brandy, bourbon, or rum)
- two 8-ounce glass jars
- Optional, to make lemon extract:
  - o 1 lemon
  - o Additional 8-ounce glass jar
  - o 8 ounces alcohol

### Occu-pie My Thoughts! Maple Pumpkin Sugar Scrub

- 1 cup brown sugar
- $\frac{1}{4}$  cup pumpkin puree (not pumpkin pie mix)
- $\frac{1}{8}$  cup maple syrup
- $\frac{1}{8}$  cup oil (olive, grapeseed, jojoba, almond – your choice!)
- Pumpkin pie spice, or cinnamon and nutmeg
- 8-ounce glass jar (Mason-type)

### I’m Going Bananas! Face Mask

- $\frac{1}{2}$  banana
- 2 tablespoon honey
- 2 tablespoons yogurt
- Small mixing bowl