

DIY Kombucha Ingredients List

- 14 cups water
- 1 cup white sugar (required for the fermentation process)
- 8 tea bags of black tea OR 2 tablespoons loose black tea
- 2 cups “starter tea” (homemade or store-bought unpasteurized plain Kombucha, **OR** $\frac{1}{4}$ cup white vinegar + $1\frac{3}{4}$ cup water)
- 1 SCOBY per jar (available online, like on Etsy, or someone local who makes kombucha may be happy to give you one. Put out a request on Facebook!)